

Ownership of Learning

Know Yourself

- **Be self-aware.** Find out your interests, passions, skills, and ambitions.

Set Goals

- **Know what you need to achieve** based on self-awareness.

Be Motivated

- **Have the mindset** to achieve your goals.

Persist

- **Don't give up**, especially when something does not come as easily to you.

Monitor Performance

- **Know how well you are really doing.** Gauge your true skill level.

Ask for Help

- **Know when you are stuck, then get help.** Don't view this as a weakness.

Show Self-Efficacy

- **Learn how to control the things you can control.** Then, control them.